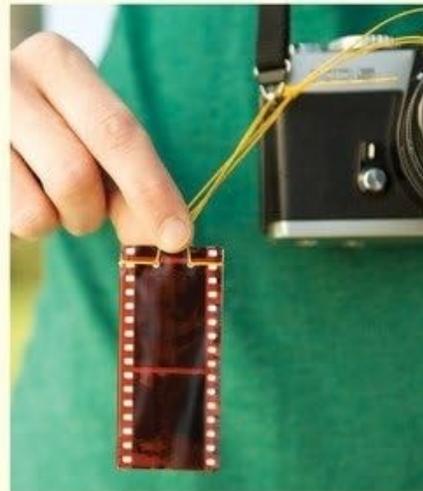


# HANDMADE BOOKS FOR EVERYDAY ADVENTURES



*by Erin Zamrzla*

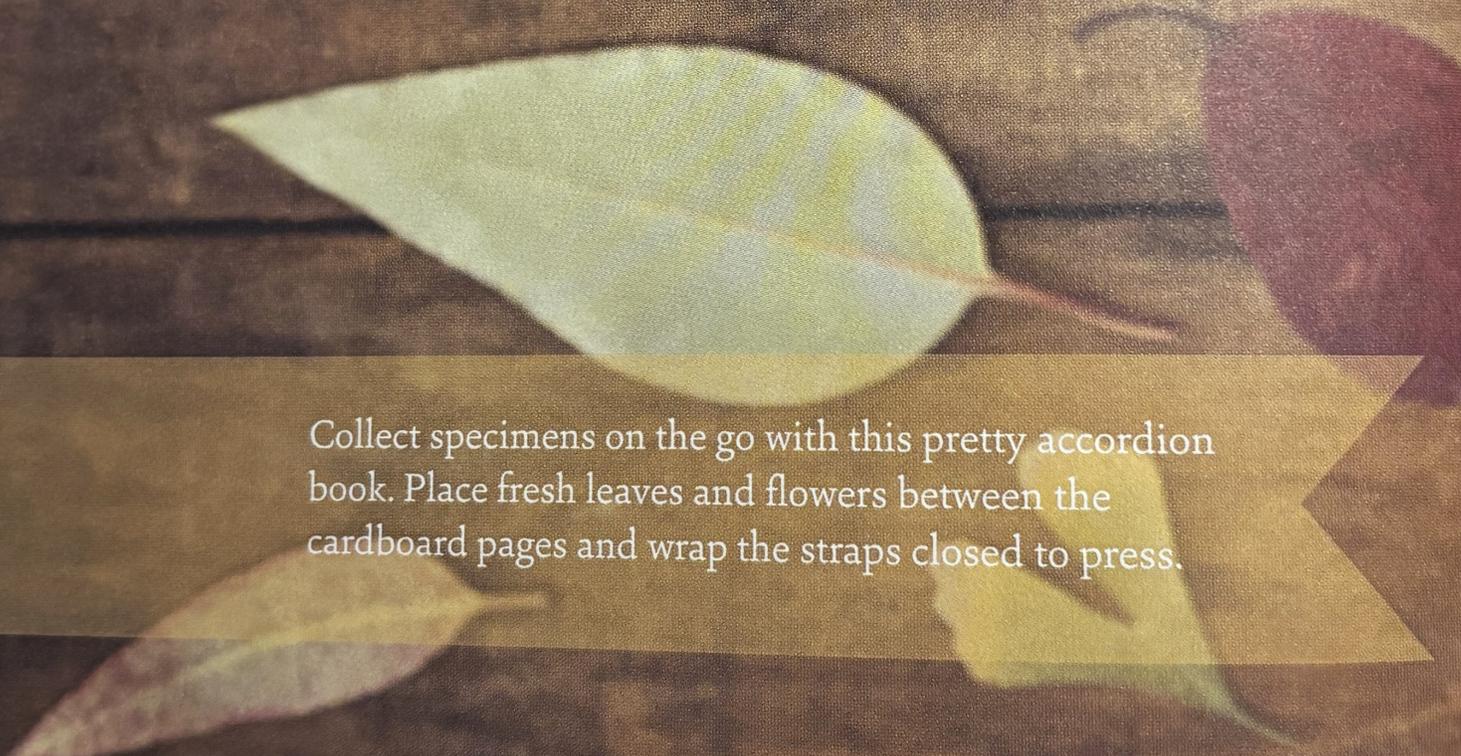
*20 Bookbinding Projects for Explorers, Travelers, and Nature Lovers*

MAKE ONE-OF-A-KIND BOOKS, INCLUDING:  
.....  
Fold-Out Map Book, Leaf & Flower Press,  
Tiny Tickets Memorabilia Book,  
Stargazing Log, and more!





## *Leaf and Flower Press*



Collect specimens on the go with this pretty accordion book. Place fresh leaves and flowers between the cardboard pages and wrap the straps closed to press.



*Finished Size*

5 1/8" x 7 1/8" x 2"

*Tools*

Metal ruler  
Craft knife  
Cutting mat or protective cutting surface  
Pencil  
Paste or glue  
Small or medium paste brush (or both)  
Waxed paper  
Book press or heavy stack of books  
Bone folder  
Iron  
Ironing board  
Sewing machine or needle and thread  
Tape  
Hollow punch or Japanese screw punch  
Hammer (if using hollow punch)

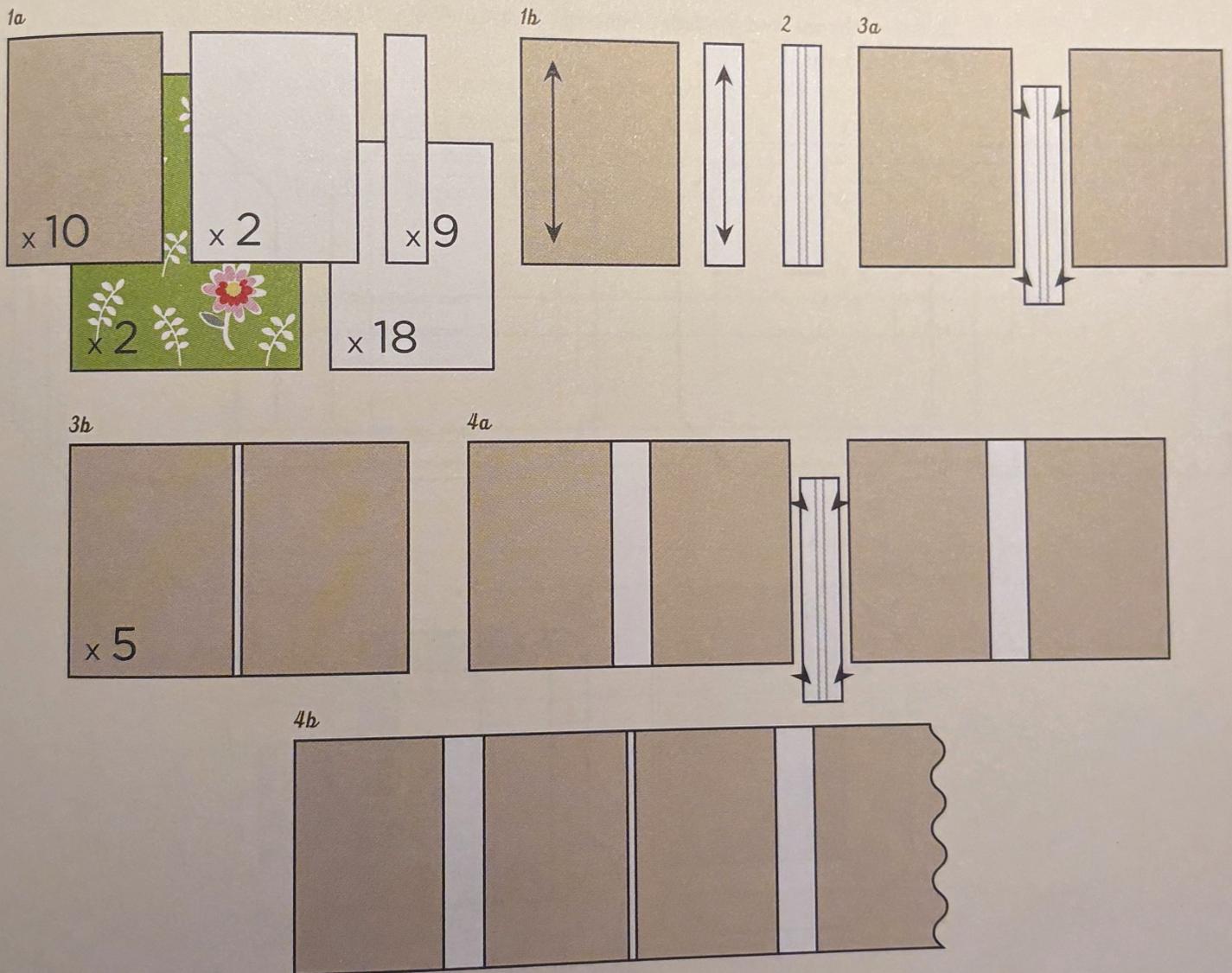
*Materials*

Cardboard: 10 pieces, each 5" x 7" x 1/8"  
Text weight hinge paper: 9 pieces, each 1 1/4" x 7"  
Book board: 2 pieces, each 5" x 7" x 1/8"  
Book cloth or decorative cover paper: 2 pieces, each 7" x 9"  
Blotting or drawing paper: 18 pieces, each 5" x 7"  
Cotton straps: 2 pieces, each 1" x 22"  
Iron-on hook and loop fasteners: 2 top pieces and 2 bottom pieces, each 3/4" x 4"  
Jean rivets: 2 pieces

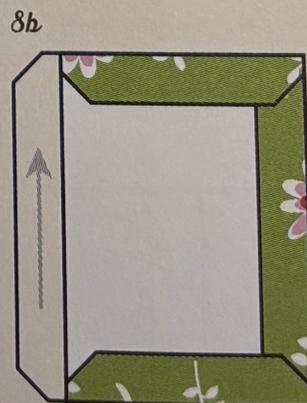
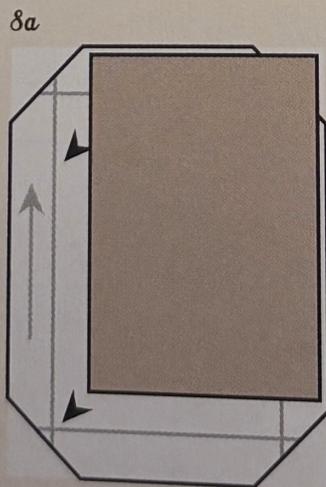
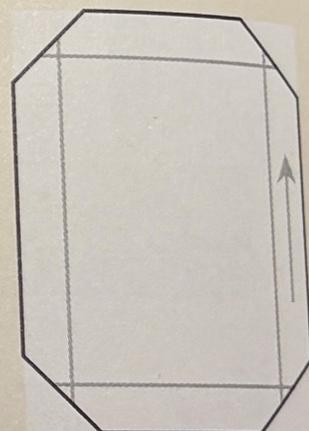
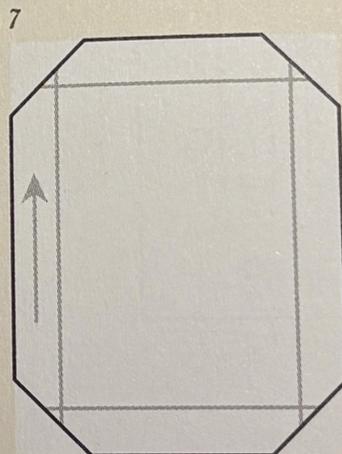
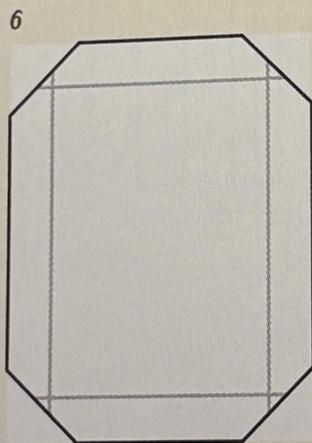
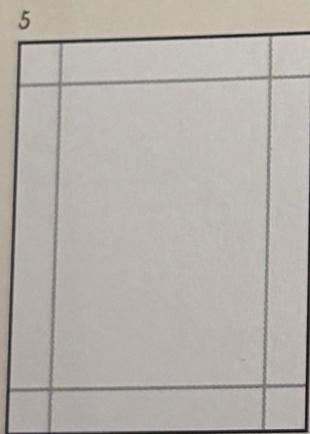
*Instructions*

1. Trim your papers to size with a metal ruler and craft knife. Make sure that the grain of the cardboard and the hinges are parallel to the long side. Use a craft knife with a new blade to cut the cardboard.
2. Mark two vertical lines down the length of each hinge paper, 1/2" in from each side. There will be a 1/4" gap between the two lines.

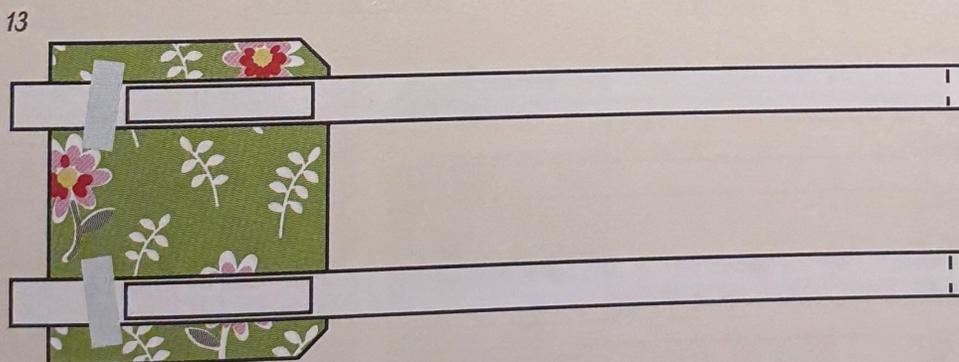
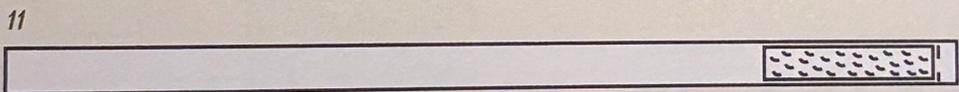
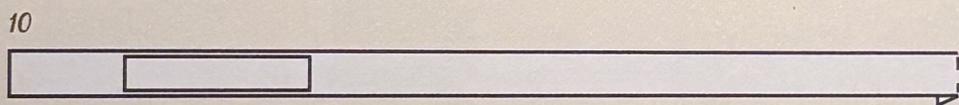
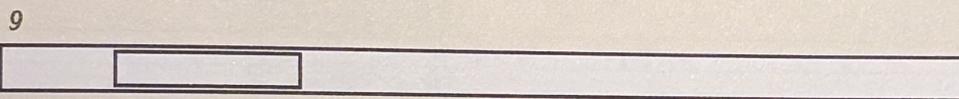
3. With the pencil-marked side facing up, apply glue to a hinge paper. Attach two pieces of cardboard to the hinge, aligning each to one of the vertical lines. There will be a 1/4" gap between the two attached pieces of cardboard. Gently press until dry. Repeat with the other pieces of cardboard until you have five hinged pairs.
4. Turn over each hinged pair of cardboard pieces so that the hinge faces up. With the pencil-marked side facing up, apply glue to a new hinge paper. Attach two hinged pairs of cardboard pieces to the hinge paper, aligning each to one of the vertical lines. The first set of hinges and the newly adhered hinge will be on opposite sides of the cardboard. Repeat until all hinged pairs are attached into one long accordion. Leave the accordion open and gently press with books until dry. Do not press folded, or the pages may stick closed.



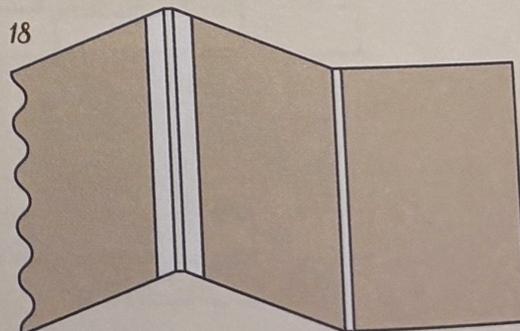
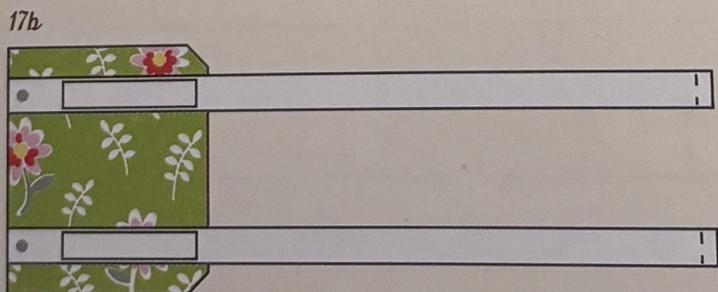
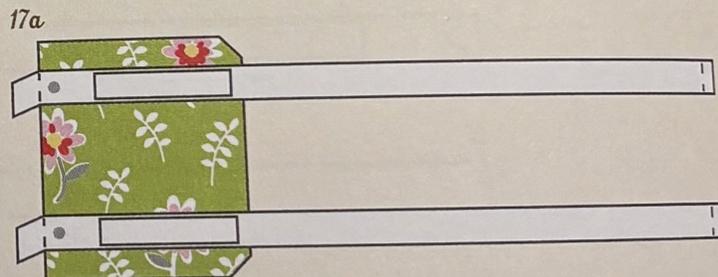
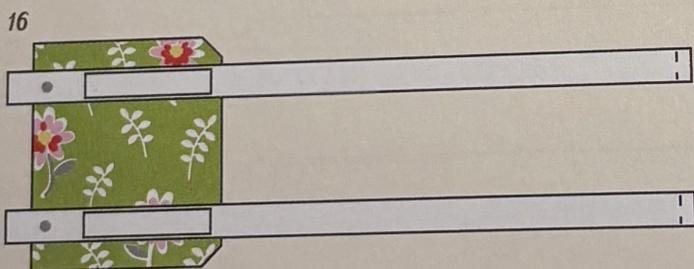
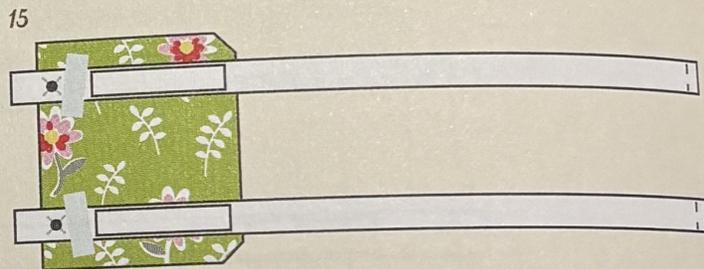
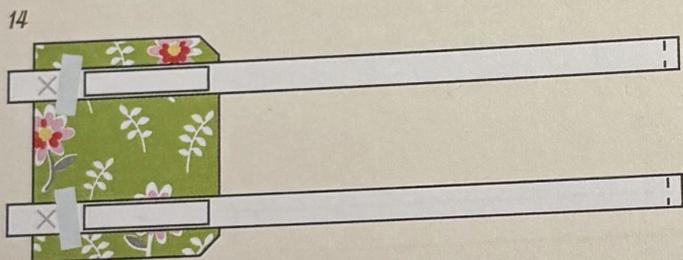
5. Lay the book cloth or decorative cover papers face down. Draw a line 1" in from each edge to form a 5" x 7" box in the center of the papers.
6. Trim all corners from the cover papers, leaving 1/4" beyond each corner of the 5" x 7" box.
7. Determine which way the front and back cover papers are to face on the completed project. Use a pencil to mark the fore edge on the back side of each.
8. Apply a thin layer of glue to the back side of one cover paper. Place one of the book board pieces directly inside of the pencil-drawn box. Flip the glued board over onto a piece of waxed paper and smooth to remove air bubbles. Flip it again onto a clean surface. Fold over three of the edges: the unmarked spine side, the top, and the bottom. Do not fold over the marked fore edge. Smooth. Press until dry. Repeat with the other cover.



9. Lay a cotton strap flat and place a 4" piece of the soft loop side of a hook and loop fastener 2 1/2" from the end of the strap. Center. Use a warm iron to attach, following the hook and loop fastener package instructions.
10. At the opposite end of the strap, fold the end under 1/2". Stitch to hem. You may need to apply a small amount of glue to prevent fraying.
11. Flip over the strap. Place a 4" piece of the remaining scratchy hook side of the hook and loop fastener 1/2" from the hemmed end. Center. Use a warm iron to attach, following the hook and loop fastener package instructions. The hook portion of the hook and loop fastener will be at the opposite end and on the opposite side of the strap from the loop portion.
12. Repeat steps 9–11 with the second strap.
13. Lay the straps on top of the front cover with 3/4" of the unhemmed end extending past the spine edge. The soft loop side of the fastener will face up. Place one strap 3/4" from the top and the other 3/4" from the bottom of the cover. Use a gentle tape to hold the straps in place.

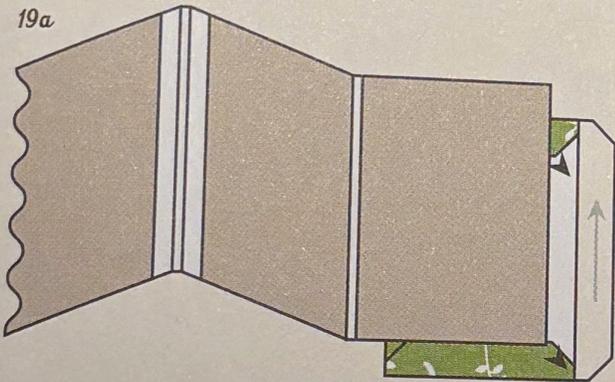


14. Use a pencil to mark the center of each strap  $\frac{1}{2}$ " from the spine edge of the cover.
15. Punch or drill a  $\frac{1}{8}$ " hole through the strap and cover at each mark. Apply a small amount of glue to each hole to prevent fraying.
16. Set a jean rivet at each hole following the jean rivet package instructions.
17. Wrap the  $\frac{3}{4}$ " extending strap edges around the spine to the inside of the cover. Glue into place. Allow to dry.
18. Fold the cardboard pages into an accordion. At each fold, the hinge paper will be at the outside of the fold. When the accordion is closed, there will be five hinges at the left. There will be four hinges, as well as the fore edge of the first and last pages, at the right. Note the orientation of the front and back pages. Open the accordion and lay flat.

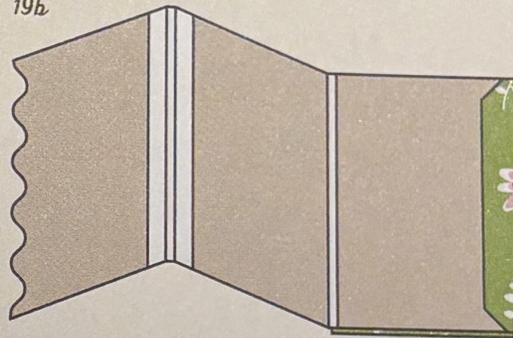


19. Apply glue to the inside of the back cover. Also apply glue to the inside of the cover paper extending at the fore edge. Attach the back cover to the back accordion panel. Wrap the extending cover paper around the fore edge of the back page.
20. Repeat step 19, attaching the front cover to the front page. Press until dry. Leave the accordion opened up flat to press. You may need to add extra weight to the front cover in order to press the straps flat at the spine.
21. Once it is dry, fold up the accordion. Place two blotting papers within each accordion fold. Place leaves and flowers between the blotting papers to press. Wrap the straps around the book and attach to keep closed.

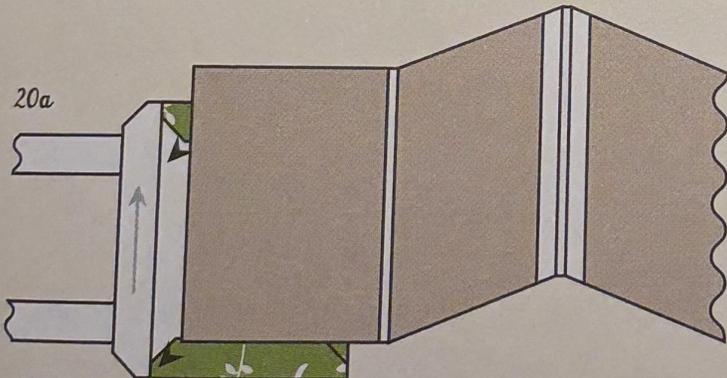
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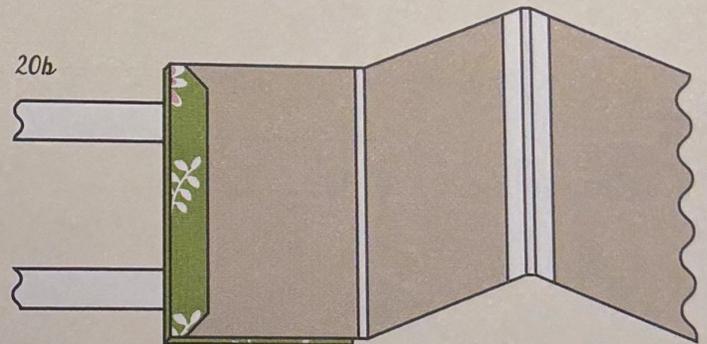
19b



20a



20b



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